

# Mather LifeWays Awards & Grants

2009



The Mather Culinary Team took first place in the AAHSA Chef Challenge competition. Competing against senior living culinary teams from across the U.S., The Mather team was crowned the 2009 “Iron Chef” champions.



**Northern Trust**

The Northern Trust Company has awarded a grant to support the Wellness initiative at Mather’s—More Than a Café location at 83<sup>rd</sup> Street in Chicago’s Chatham neighborhood.



The Mather was named the 2009 MASONRY CONSTRUCTION Project of the Year for both the High-Rise and Readers’ Choice categories. Project of the Year entries represent the “best of the best” in masonry construction across the country, honoring the craftsmanship of skilled masonry.



Armed Forces Veterans Homes Foundation and the National Association of State Veterans Homes is funding implementation of LEAP 101, a new “fundamentals” program focused on person-directed care, for 15 of their state veterans homes.

The grant also supports LEAP annual license renewals for 33 of their communities nationwide.



**THE GREEN HOUSE PROJECT**  
caring homes for meaningful lives™

A grant was awarded to Mather LifeWays by NCB Capital Impact to support a research study evaluating the impact of computer adaptive technology in four Green House® Project communities. The project aligns “small house” environments with person-directed care programming, supporting quality of life for long-term care residents.



Splendido was voted one of the **Top 10** Independent Living/Assisted Living Communities in *2010 Ranking Arizona*, the largest business opinion poll in the state.



Mather LifeWays and Benten Technologies received a second **Small Business Innovation Research (SBIR) Grant from the National Institutes of Health**. The new grant will enable full development of a mobile device that researchers and practitioners in adult day, assisted living, and skilled care settings can use to assess the quality of life of people with dementia.



Mather LifeWays and Life Services Network, the Illinois affiliate of the American Association of Homes and Services for the Aging, were awarded funding from the Illinois Department of Public Health to implement and evaluate a **cultural diversity training program** targeting all disciplines in licensed long-term care communities. This 12-month grant includes 12 train-the-trainer workshops and supporting online course involving nearly 120 communities across Illinois.



Mather LifeWays has received the award for Excellence in Program Innovation from the **Archstone Foundation** for PREPARE. The award was created in conjunction with the American Public Health Association to recognize best practice models in gerontology and geriatrics. One award is given each year.



The Chicago Life Opportunities Initiative has received a grant from the **National Council on Aging** to promote the use of older adult volunteers in community not-for-profit organizations. Chicago Life Opportunities Initiative is a partnership program between Mather LifeWays and CJE SeniorLife.



Mather LifeWays is partnering with the **GRANDFamilies Program of Chicago** to develop and implement a curriculum for the Grandparents Raising Grandchildren Program, supported by a grant from **The Chicago Community Trust**.



As part of a grant from the **National Council on Aging**, Mather LifeWays will receive three VISTA volunteers to further support the **GRANDfamilies of Chicago** program.



Mather LifeWays has received a Title V worker from **Age Options** to assist in expansion of the Telephone Topics program.



A grant from the **John Oishei Foundation** will bring **LEAP training** to 30 long-term care communities in Western New York State during fall 2009.



Two training grants have been awarded to Mather LifeWays to support **PREPARE workshops** in **Kansas and Michigan** during the summer 2009.



Mather LifeWays has received an additional **Digital Divide Grant** from the Illinois Department of Commerce and Economic Opportunity. The grant is designed to train older adults in computer skills through classes presented at Mather's—More Than a Café locations in the Chicago area.



Mather LifeWays earned six **2009 National Mature Media Awards** for its marketing materials, including two Silver Awards, two Bronze Awards, and two Merit Awards.



The **National Council on Aging** has named Mather LifeWays as the 2009 recipient of the **Jack Ossofsky Award**, recognizing the Café Plus model.



The **U.S. Administration on Aging** has named Mather's—More Than a Café as one of four national models encouraging participation in civic, cultural, social and recreational activities by older adults.



Mather LifeWays received grants from the **Norwood Park Historical Society** and the **Center for Asian Arts and Media at Columbia College** for cultural programs.



Mather LifeWays Senior Research Associate was the recipient of the **American Society on Aging Graduate Student Research award**. The Award is presented annually to one graduate student for research relevant to aging.



For the fourth consecutive year, **Mather LifeWays has ranked #1** on a nationwide safety/risk management survey among more than 125 senior living/long-term care communities nationwide. The ranking is based on outstanding results at each of Mather LifeWays senior living residence.

**2008**



**ALCA**

Splendido was recognized by the Arizona Landscape Contractors' Association for **superior landscape workmanship and creativity**.



Readers of the Explorer newspaper selected Splendido as Tucson's **Best Retirement Living Community**.



Mather LifeWays won an **Honors award** for the **2007 Year In Review** in the 2008 Spotlight Awards

Communications Competition. The competition is sponsored by the League of American Communications Professionals (LACP).

## RANKING *The Best of Arizona Business* ARIZONA

Splendido was voted one of the **Top 10** Independent Living/Assisted Living Communities in *2009 Ranking Arizona*, the largest business opinion poll in the state.



Mather LifeWays earned five National Active Retirement Association Awards, which recognize projects focused on meeting the demands of active, mature adults across the country. Splendido received two **Gold Awards**, one for Best Overall Active Adult/Retirement Community and a second for Best Large Active Adult/Retirement Community. Splendido also won a **Silver Award** for Best Continuing Care Retirement Community. The Mather won **Gold Awards** for the Best Proposed Continuing Care Retirement Community as well as the Best Community Brochure.



Mather LifeWays earned nine **2008 National Mature Media Awards** for its marketing materials, including five Gold Awards, one Bronze Award and three Merit Awards.



The American Association of Homes and Services for the Aging (AAHSA) selected the Executive Director of Café Development at Mather LifeWays as one of 32 people nationwide to participate in **AAHSA's 2009 Leadership Academy**.



For the second consecutive year, *Arizona Foothills Magazine* named Splendido as one of Arizona's **"Best Places to Live."**



Mather LifeWays will work with Life Services Network, the Illinois affiliate of the American Association of Homes and Services for the Aging, to implement and evaluate a communication skills training program targeting all disciplines in licensed long-term care communities. This **12-month grant** includes 12 train-the-trainer workshops and supporting online course involving nearly 150 communities across Illinois.



Community Initiatives has been awarded the **Digital Divide Grant** from the Illinois Department of Commerce and Economic Opportunity. The grant is designed to partially underwrite the cost of computer training for older adults in the Chicago area.



Mather LifeWays and Benten Technologies, Herndon, VA received a **Small Business Innovation Research Grant from the National Institutes of Health** to develop a new and innovative technology system for improving the assessment of quality of life in older persons with dementia. The practical, information-generation system combines the Mather LifeWays tool, *Observing Quality of Life in Dementia* (OQOLD), with handheld PCs that will enable professional caregivers to maximize the well-being of people with dementia in long-term care communities, assisted living communities, and adult day programs.

## National Religious Retirement Office

Mather LifeWays will work with the National Religious Retirement Office (NRRO) in Washington, DC to implement a grant that will provide a proven successful training program in **Person-Centered Care** to religious institutes they serve. The **18-month grant** was awarded by the

Retirement Research Foundation to support the project, which is titled: *Staff Training and Education in Person-Centered Care for U.S. Catholic Retired Women and Men Religious: Phase Two.*



Mather LifeWays has received a **two-year grant** from the Illinois Department of Public Health to **implement the train-the-trainer program, SAFE-TI**, in 100 nursing homes in Illinois. SAFE-TI, a multi-component toolkit which has been developed and pilot-tested by Mather LifeWays, is expected to increase knowledge of falls reduction strategies.



Mather LifeWays **received three national 2008 Best of 50+ Housing Marketing Awards** from the National Association of Home Builders (NAHB), including Innovation and Gold Awards for The Mather, and a Silver Award for Splendido.



Mather LifeWays won three **2007 Inspire Awards** from the League of American Communications Professionals. The Health Assessment Campaign won a Silver Award, the m newsletter also garnered a Silver Award, and the AAHSA Excellence in the Workplace Award Campaign took Honors.



For the third consecutive year, Mather LifeWays **ranked number one** in an ECRI safety survey conducted among 111 senior living residences across the nation.



The Director of Wellness Strategies at Mather LifeWays received the **Work-Life Rising Star Award** from the Alliance for Work-Life Progress. This award recognizes professionals who embody passion for change, for work, and for life, and who exhibit a combination of professional and personal attributes that demonstrate emerging leadership and growing contributions to the work-life community.



Splendido's executive chef was the **third place winner** in the 2008 Iron Chef Tucson (AZ) competition, which challenges chefs from Tucson's finest dining establishments, including several five-star restaurants and resorts, to "battle it out" with their culinary skills.



Mather Pavilion volunteer Sharon Quigley received Life Services Network's **Excellence in Service Award** and was named **Volunteer of the Year**.

**2007**



Mather LifeWays earned three National Active Retirement Association Awards, which recognize projects focused on meeting the demands of active, mature adults across the country. The Mather's brochure won a **Gold Award** for Best Active Adult/Retirement Property Advertisement and Splendido won a **Gold Award** for Best Large Active Adult/Retirement Community.



The League of American Communications Professionals (LACP) awarded a **Platinum Spotlight Award** for The Mather's brochure; a **Silver Spotlight Award** for the Mather LifeWays 2006 Year in Review; and a **Bronze Spotlight Award** for Splendido's testimonial direct mail letter. More than 900 global entries were received, including entries from \$1+ billion Fortune 100 companies. The Spotlight Awards recognize excellence in first impression, creativity, clarity, relevance, and narrative/visual content quality.



PREPARE, a Mather LifeWays program for improving emergency preparedness in senior living residences, was **awarded a third year of funding** from the Office of the Assistant Secretary for Preparedness and Response, U.S. Department of Health and Human Services. The additional funds will allow Mather LifeWays to reach long-term care providers in all 50 states.



Mather LifeWays received the Retired and Senior Volunteer Program's (RSVP) **Station of the Year Award**, which honors one organization that is committed to volunteerism and supports RSVP as a resource to help older adults get involved as volunteers.



*Arizona Foothills Magazine* named Splendido one of Arizona's **"Best Places to Live."**



Mather LifeWays received ComPsych's **Health at Work Silver Award**, which honors organizations that have demonstrated a commitment to promoting the health and wellness of their employees.



Mather LifeWays and The Plaza Companies, co-owners of Splendido, received *BUILDERnews* magazine's **Spirit of the West Award**, which recognizes "exemplary builders and developers who are contributing inspiring, vibrant, and sustainable places to live." Splendido was highlighted for its well-crafted homes, conserving resources, and setting a new pace in homebuilding.



Mather LifeWays **earned 10 2007 National Mature Media Awards** for its marketing materials, including two Gold Awards, two Silver Awards, two Bronze Awards, and four Merit Awards. The Mather earned two Gold Awards for its "10 Wishes" campaign and brochure.



Mather LifeWays **received the 2007 Excellence in the Workplace Award** from the American Association of Homes and Services for the Aging (AAHSA) for demonstrating effectiveness in fostering and advancing a healthy workplace culture and an environment that promotes the recruitment, retention, and development of staff at all levels of the organization.



Mather LifeWays **received three national 2007 Best of 50+ Housing Awards** from the National Association of Home Builders (NAHB), including an Innovation Award for The Mather and two Gold Awards for Splendido, which was recognized as the best overall Continuing Care Retirement Community (CCRC) and as having the best CCRC interior design.



PREPARE, a Mather LifeWays program for improving emergency preparedness in senior living residences, **was awarded the 2007 Healthcare and Aging Award** from the American Society on Aging. PREPARE also was awarded additional funding from the U.S. Department of Health and Human Services' Office of the Assistant Secretary for Preparedness and Response (ASPR) for further expansion.



Mather LifeWays was one of three not-for-profit organizations in the Chicago metropolitan area to **receive a Models of Significant Service grant from RespectAbility**, a program of the National Council on Aging. Chicago Life Opportunities Initiative, a partnership of Mather LifeWays and Council for Jewish Elderly, will use the grant funds for its *Count Me In* program, which is designed to mobilize Chicago's older adults and community partners to help organizations identify their volunteer needs; recognize the ability of older adults to meet those needs; and effectively recruit, train, and place older adult volunteers in those leadership roles.



The Illinois Department of Public Health **awarded a two-year grant to further study and disseminate The S.E.L.F. Program** and Observing Quality of Life in Dementia (OQOLD), two Mather LifeWays Institute on Aging-developed programs that support older adults with memory loss.



For the second consecutive year, Mather LifeWays **ranked number one** in an ECRI safety survey conducted among 111 senior living residences across the nation.



A Mather LifeWays Community Initiatives employee was **appointed to the Illinois Life Services Network (LSN) Home and Community Based Services Cabinet**.



Mather LifeWays received the **Best Practice Award** from the Health Promotion Institute of the National Council on Aging for Mather LifeWays Institute on Aging's Resident Whole-Person Wellness Survey.

## 2006



The International Council on Active Aging awarded Mather LifeWays its **NuStep Pinnacle Award** for the nation's best wellness program in a community setting. The award recognized Mather's—More Than a Café on 83<sup>rd</sup> Street in Chicago for “using creativity and commitment to transform people's lives and promote optimal health, regardless of age.”



Mather LifeWays earned six **2006 National Mature Media Awards** for its marketing materials, including a Gold Award, three Silver Awards, and two Bronze Awards.



Mather LifeWays was **ranked number one** in the country on a nationwide safety survey conducted among 100+ senior living residences.



*A Healthy Community: Perspective on Aging Well*, a publication produced by the Center for Civic Partnership and funded by the California Wellness Foundation, featured the **Mather LifeWays Café Plus model** as one of the top 10 national examples in taking creative action to serve older adults.



At the international conference, *Reflecting on 100 Years of Alzheimer's: The Global Impact on Quality of Lives*, hosted at Ohio's Case Western University, the Mather LifeWays Institute on Aging presentation, "OQOLD: A Tool For Improving Research and Practice Via An Activity-Focused, Wellness-Based Quality of Life Assessment Procedure," won **third place for outstanding poster presentation**.



The Illinois Office of the Secretary of State and the Illinois State Library/Literacy Office **awarded a grant to Mather LifeWays to train staff in English as a second language**.



The Mather LifeWays 2004 Year in Review won the League of American Communications Professionals' (LACP) **2005 Vision Award**, which recognizes exceptional annual reports. Mather

LifeWays also won LACP's **Bronze Inspire Award** for its internal communications portfolio.



Mather LifeWays was **awarded a grant** from the American Business Collaboration for Quality Dependent Care (ABC) to **expand Powerful Tools for Caregivers (PTC) Online** to IBM employees in Latin America, Brazil, and the United Kingdom.

The manager of Mather's—More Than a Café on 83<sup>rd</sup> Street in Chicago received a **Status of Women Orchid Award**, which is presented to women who are considered outstanding in their chosen field and/or who work to expand their commitment to include community involvement.

The National Religious Retirement Office (NRRO) and The Retirement Research Foundation funded Mather LifeWays Institute on Aging to **develop a training program that educates front-line staff in best practices of person-centered care**.

PREPARE, a Mather LifeWays program for improving emergency preparedness in senior living residences, was awarded a supplemental grant from the U.S. Department of Health and Human Services' Office of the Assistant Secretary for Preparedness and Response (ASPR) to deliver the program to all 50 states.

## 2005



Mather LifeWays earned three **Best of Seniors Housing Awards** from the National Association of Home Builders (NAHB), including an Innovation Award, NAHB's highest-level honor, and a Gold and Silver Award.



Mather LifeWays earned **six 2005 National Mature Media Awards** for its marketing materials, including a Gold Award, two Silver Awards, a Bronze Award, and two Merit Awards.



Mather LifeWays was **ranked number one** in the country on a nationwide safety survey conducted among 100+ senior living residences.



Mather LifeWays was **awarded a grant** from the American Business Collaboration for Quality Dependent Care (ABC) to **convert Making Sense of Memory Loss**, a memory support training program co-developed by Mather LifeWays Institute on Aging and the Greater Illinois Chapter of the Alzheimer's Association, into an online training tool.



Mather LifeWays was **awarded a two-year grant** from the Virginia G. Piper Charitable Trust to implement and evaluate a new version of Powerful Tools for Caregivers (PTC).



Mather LifeWays was **awarded a grant** from the U.S. Department of Health and Human Services, Health Resources and Services

Administration (HRSA), **to develop PREPARE**, which prepares long-term care health providers with the core competencies to handle manmade and natural disasters.



The Alzheimer's Association **awarded a grant** to study the practical applications of a Mather LifeWays-developed measure called **Observing Quality of Life in Dementia (OQOLD)**.



The Illinois Department of Public Health awarded funding to **expand LEAP**, the Mather LifeWays long-term care nursing staff training program, to all licensed skilled care centers throughout Illinois.



The State of Illinois Department of Commerce and Economic Opportunity (DCEO) **awarded funding Eliminate the Digital Divide at Mather's—More Than a Café on 83<sup>rd</sup> Street** in Chicago by expanding its capacity for computer training.



Two Mather LifeWays employees were **appointed to the Illinois Life Services Network (LSN) Cabinet.**



Mather LifeWays **was recognized in the first edition of *The Spirit of Excellence: How Healthcare Organizations are Achieving Service, Quality and Satisfaction* for Mather's—More Than a Café.**

**2004**



The Mather LifeWays LEAP program was selected by the American Association of Homes and Services for the Aging (AAHSA) to receive the **2004 Excellence in Practice Award.**



The American Society on Aging (ASA), in collaboration with the Pfizer Medical Humanities Initiative, recognized LEAP with the **2004 Healthcare and Aging Award** for innovative and quality programs.

The Mather Café Plus model design won the **ASA Business and Aging Award.**



Mather LifeWays earned nine **2004 National Mature Media Awards**, including a Gold Award, five Silver Awards, a Bronze Award, and four Merit Awards.



**THE GERONTOLOGICAL SOCIETY OF AMERICA**  
*Research, Education, Practice...Where It All Comes Together*

The Gerontological Society of America Emerging Scholar and Professional Organization **awarded the 2004 Outstanding Student Poster Award** to a Mather LifeWays Institute on Aging Research Assistant.

St. Andrew's Parish Council presented an award to Mather LifeWays staff for the Mather Edgewater program for **Excellence in Hospitality and Service.**

**Illinois Department on Aging**

The Illinois Department on Aging **awarded a grant to establish a Mather LifeWays support group for grandparents raising grandchildren.**



Mather LifeWays Institute on Aging **was named managing editor of *Seniors Housing & Care Journal***, the journal of the National Investment Center (NIC) Seniors Housing and Care Program at Johns Hopkins University.



Mather LifeWays was awarded a **grant from the American Business Collaboration for Quality Dependent Care (ABC)** to develop Powerful Tools for Caregivers (PTC) Online for use by employees of IBM, Texas Instruments, and Exxon-Mobil.

## 2003



The American Society on Aging (ASA), in collaboration with the Extencicare Foundation, awarded LEAP for a 21<sup>st</sup> Century Long-Term Care Workforce an **honorable mention** for the 2003 Recognizing Innovative Programs in the Recruitment, Retention and Promotion of Nursing Assistants in Skilled Nursing and Assisted Living Facilities Awards program.



Mather LifeWays **received a Partnership Award** from the Arthritis Foundation for its time and effort to help improve the quality of life of those affected by arthritis.



Mather Café Plus received the American Association of Homes and Services for Aging (AAHSA) **2003 Community Service Award**.



Mather LifeWays earned four **2003 National Mature Media Awards**, including two Gold Awards, a Bronze Award, and a Merit Award.



Mather LifeWays earned *Contemporary Long-Term Care Magazine's* **design award** for Mather Pavilion's innovative third-floor spa-like bathroom.



Mather LifeWays was **awarded a grant for LEAP: Enhancing Long-Term Care Nurse Retention and Resident Care Quality**, which is funded by the Bureau of Health Professions, Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services.



Mather LifeWays **was chosen as a charter participant** in Life Services Network's CONNECTIONS, a best practices and idea exchange clearinghouse. Mather Café Plus was identified and recognized as an innovative approach to enhancing older adult living.

2002



THE RICHARD H. DRIEHAUS FOUNDATION

Mather Café Plus received **The Richard H. Driehaus Foundation Award** for Architectural Excellence in Community Design.



THE NATIONAL COUNCIL ON THE AGING

Mather Café Plus received the **Best Practice Award** from The Health Promotion Institute (HPI), a constituent unit of The National Council on the Aging.



Mather Edgewater Senior Outreach was presented with a **Best in Community Service Award** from the Edgewater Chamber of Commerce.



Mather LifeWays received **second place** for “Building the Foundation for Quality Improvement: LEAP for a Quality Long-Term Care Workforce,” published in *Seniors Housing & Care Journal*, the journal of the National Investment Center (NIC) Seniors Housing and Care Program at Johns Hopkins University.



From the League of American Communications Professionals (LACP), Mather LifeWays received

the **2002 Spotlight Award** for excellence in development of the Mather Café Plus launch.



LEAP was recognized and featured by the **National Clearinghouse on the Direct Care Workforce in the Practice Profile Database**, which is supported by the U.S. Department of Health and Human Services.



ILLINOIS

Mather LifeWays was awarded a grant from the **Illinois Department of Public Health (IDPH)** to deliver and evaluate the Heart Smart for Older Women Program through Mather’s—More Than a Café.



Mather LifeWays was awarded a grant from the **Community Memorial Foundation** to test the benefits of Powerful Tools for Caregivers (PTC) through faith-based communities.



Mather LifeWays was awarded a grant for **Mather Geriatric Regional Faculty Development Network**, which is funded by the Bureau of Health Professions, Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services.